

*December Solstice 2012*

## ***Peru Pilgrimage***

***For the divine marriage of the Himalayas & the Andes***

*10-22 Dec 2012*

***The prophesised Personal and Planetary Shift of Consciousness from polarity into Unity***

**As 2012 and the prophesised 'shifting of poles' approach, feel in your heart this call to integrate the power of the Himalayas and the beauty of the Andes - the Masculine and Feminine poles of the Earth - inside of you. We live on a Planet of polarities and this is an invitation to enter into the marriage of Beauty and Power, to return to Wholeness and fulfill your spiritual mission.**

**We are all Masters - coming home and returning to our origins. We are made by memories of the Ancient Time embedded in the Ancient Codes that hold the key to our Self-Mastery. It is time to remember who we are, to integrate on all levels of Being, aligning the Cosmos with the highest purpose of your Soul. The Hour of joy and celebration into the Heart of Oneness has come.**

**The Andes represent the land of magic, where the Divine Feminine (The Great Mother-Goddess) empowers and enables all possibilities.**

**You will have the opportunity to reconnect with your inner Sun and your inner beauty on this path of inspiration. The dates have been specially chosen; we will follow both the auspicious solar as well as lunar cycle. Experiencing the power of the 12.12.12 that brings in the new moon and peaking with 21.12.12, the December Solstice all planetary lightworkers are awaiting with bated breath. We will seek the Immaculate Conception, development and birthing of our Master-Self.**

**During this transformational journey, your guides Alanna Q'ente and Nilima Bhat will lead you to powerful spiritual energy centres and conduct special rituals, yogic meditations and shamanic ceremonies relating to the Stars, the Sun and the Moon as well as the Panchabhoota (Five Elements) for personal and planetary healing.**

**Realize that each step in this Journey will be related to your own life's journey and your desire for conscious evolution. We need you, we need your energy; we need more Power Beings in the World.**

***Come join us on this Journey into the New Consciousness.***

The Andes represent the land of magic, where The Great Mother empowers and enables all possibilities.



*Each step in this Journey will be related to your own life's journey* and your desire for conscious evolution.

***Come join us on this Journey along the Path of Beauty.***



**Itinerary**

- **10 Dec - LIMA**

Arrival into Lima, reception and transport to the hotel.

- **11 Dec LIMA – CUSCO – SACRED VALLEY**

Depart for our morning flight to Cusco . Reception and transportation to the Sacred Valley . On the way to our lodge we will stop at Chinchero and visit the amazing Earth Altar. Discover the Magic Hatun Chinkana of this center.

We will spend the night in the Sacred Valley.



- **12 Dec HOUSE OF THE MOON**

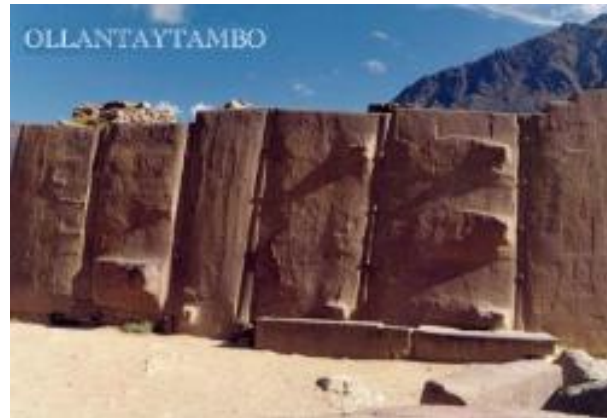
In the morning we will explore the House of the Moon, an amazing place connected to the feminine energies.

Return to the hotel and free time. Spend the night in the Sacred Valley.



- **13 Dec OLLANTAYTAMBO - AGUAS CALIENTES**

Early morning visit to Moray, an Inka site with circular terraces that used to create exceptional conditions or micro climates to foster domestication, acclimatization and hybridization of a wide array of wild vegetable species that were modified or adapted for human consumption. Here, our guide will explain to us the meaning of this center. Afterwards we shall explore the unique and ancient Inka sanctuary of Ollantaytambo. In the afternoon we will take the train to the village of Aguas Calientes. Arrival and accommodation at the lodge and rest, followed by lunch.



- **14 Dec MACHU PIJCHU**

Early morning visit to the famed city of Machu Pichu . There are many trails and sites of powerful energy to explore here, and we will have ample opportunity for enjoying its magic temples.

We will spend the night at the village of Aguas Calientes.



- **15 Dec MACHU PIJCHU - CUSCO**

Leave early for Machu Pichu to visit other areas. The arrival of the New Time creates a cosmic wave and we will have the chance to celebrate, sending light and transforming our own path in a solar experience.

Return to Cusco on an afternoon train, and overnight in the “navel of the world.”



- **16 Dec TEMPLE OF WATER & SERPENT CAVE**

Morning visit to Tipon, an ancient agricultural site with many terraces and an intricate irrigation system that culminates at a Temple of the Water.

Stop in Cusco and then visit Amaru Machay, the cave of the Serpents.

Continue to Q'enqo, the sacred place of the Puma.

Overnight in Cusco.

- **17 Dec PISAQ INKA TOWN & SAQSAYWAMAN**

- Explore the Inka town of Pisaq . The entire mountain behind the village is considered an

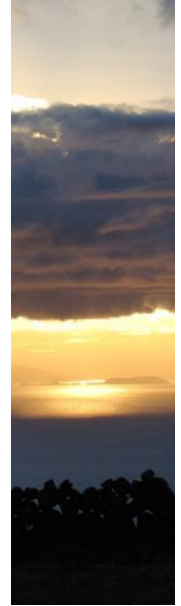


archaeological treasure. Take a bus several miles up to the top, from where we can hike downhill past ancient sites and burial grounds along an amazing trail with breathtaking views. Afternoon visit to Saqsaywaman, a huge, stunning site which holds the great house of the Sun, where the head of the Puma of Cusco resides. Its megalithic, zigzag stone walls were pieced together with amazing skill, depicting snakes and other Andean symbols (like a lightning bolt across a great field). Return to Cusco, lunch and rest.

- **18 Dec CUSCO - PUNO (LAGO TITIQAQA)**

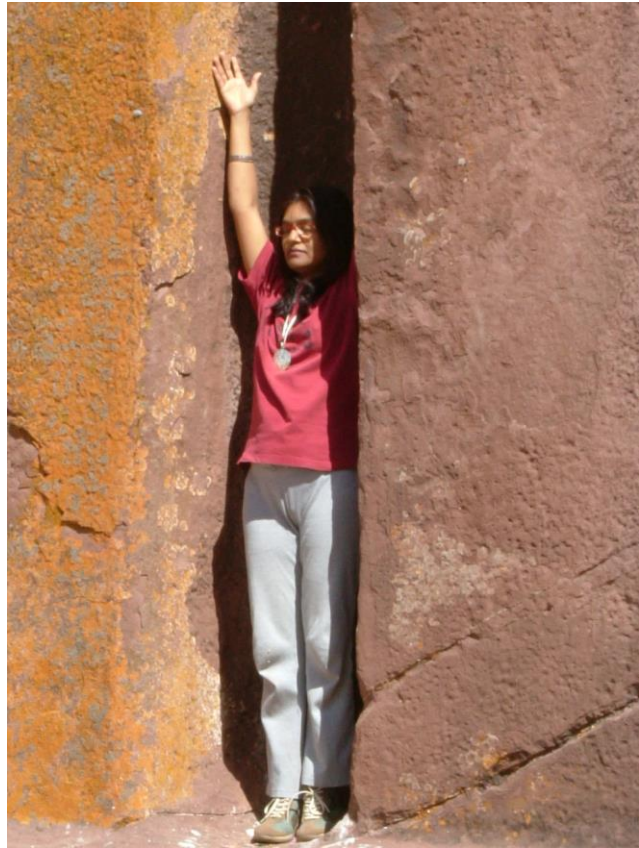
Trip to Lake Titicaca , stopping along the way at the magnificent Temple of Wiraqocha.

Through this beautiful ride and with all the stops, you will have the opportunity to register in your memories the power of the *Apus* or Mountain Spirits. Now in the High Plains, the next level and dimension of our journey, with many magical inter-dimensional portals and Beings begins. Arrival at our hotel in Puno in the late afternoon, accompanied by lunch.



- **19 Dec AJAYU MARKA & CHARKAS**

Discover the ancient Aimara altars as we walk the sacred path on the Magical Serpent and explore the Ajayu Marka and the multi-dimensional world within its doors. Continue to the ancient path of the pre-Inka in Charkas for a salutation to the spirit of Titikaka and at the end of the afternoon, visit the Temple of Fertility .



Overnight in Puno (picnic lunch).

- **20 Dec AMANTANI - LOVE ISLAND**



In the morning, we shall cross the highest navigable lake in the world to the island of Amantani.

In the evening, we will meet the locals and stay in their





homes. Truly one of the most remarkable stages of the journey (lunch and dinner on the island).



- **21 Dec TEMPLES OF LIGHT & PUNO**

Early morning ascent to the temples of Pachatata and Pachamama.



After some lunch we boat back to the continent and will have our transportation to Puno and Juliaca to the airport (for your flight to Lima), arrival and transfer to the hotel.

**22 Dec PUNO - JULIACA - LIMA - HOME**

Transfer to the airport in Juliaca, flight to Lima and international connection home. On the way to the airport visit the magnificent altar of the Andean Taj Majal – Sillustani.





## Peru is calling.

It promises to be a life-changing journey - one that will take place as much inside you as outside.

For Bookings, contact: **Pachamama Journeys.**

[www.pachamamajourneys.com](http://www.pachamamajourneys.com)

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# ABOUT YOUR GUIDES:

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**Alanna Aisha** is an expert in body techniques, through the dance and meditation she teaches women and men to release mental and body blocks, using our body, mind and spirit to achieve our goals.

She is the director of "Pachamama Journeys" and lives in the Andes, in Cusco, near the great Inka city of Machu Picchu and uses the magical scenery of this land to teach about the Andean shamanic path and to enjoy beauty and freedom through dance.

A trip with Alanna and her team at the Andes, will change your life.

ALANNA Q'ENTE

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**Nilima Bhat** from India, is a yoga & meditation instructor, dancer and holistic health coach. As a facilitator of personal transformation and conscious evolution, she travels and teaches internationally. She is a sought after speaker on Integral Yoga, Women's empowerment, Indian spirituality and culture and also stress and wellness. Much of her work is pioneering new syntheses of wisdom and wellness traditions from around the world, helping hundreds find healing and new meaning and purpose in their lives.



For more information, browse:

[www.rootsnswings.in](http://www.rootsnswings.in)

[www.cancerawakens.com](http://www.cancerawakens.com)

[www.sampurnah.com](http://www.sampurnah.com) (Sampurnah Integrative Medicine Clinic)

[nilima@sampurnah.com](mailto:nilima@sampurnah.com) +91 9886700026

# Prices

## **\*PRICE PER PERSON:**

-04/06 pax: US\$ 3,975 (In double occupancy)

-07/10 pax: US\$ 3,430 (In double occupancy)

-10/15 pax: US\$ 3,130 (In double occupancy)

-16/UP pax: US\$ 2,950 (In double occupancy)

\*\*\*With more than 15 participants, we offer the number 16 free in our land package in double accommodation. With more than 28 pax we offer the 29 & 30 free as well.

\*ADDITIONAL PRICE: US\$ 700 (In single accommodation)

**-INCLUDES:** \*All transportation and visits with entrance fees \*Accommodation in hotels 3\*\*\* with daily breakfast, with the exception of Amantani Island which is at the houses of inhabitants \*Company of expert guides in Andean culture \*Meditations, ceremonies and shamanic experiences \*All services in private for the group formed for this itinerary (people from all over the world) \*07 meals along the trip \*Domestic flights from LIMA/CUSCO & JULIACA/LIMA with airport taxes

**-NOT INCLUDED:** \*International flights neither its airport taxes \*Meals beside the 07 announced \*Tips \*Personal expenses \*Other not mentioned

-Note: The program can be modified if natural or political events will obligate, but we will follow the spirit of the original itinerary.

-We suggest you bring an international medical secure.

Light from the Andes!